

A Day of Spring Cleaning for the Body, Mind and Soul

Saturday, May 2, 2009

Susan Odell Taylor School, Troy, NY

10-2 pm - \$40

Join us on the path of health, freedom and abundance...



**A Day of Meditation, Yoga,
Introspection, Introduction to
Cleansing, Life Coaching, DansKinetics**

116 Pinewoods Ave., Troy, NY 12180

Sponsored by:



Tanya Rigney
Soul Priorities

www.soulpriorities.com

(518) 330-6364



Carol Gardner

Women's Health and Healing

www.womenshealthandhealing.com

(518) 312-8791

**To register, contact Carol Gardner at gardnee1@juno.com, (518) 312-8791 or
Tanya Rigney at (518) 330-6364 by April 27, 2009.**